

ONLINE EYEWEAR SALES

Unregulated eyewear suppliers entice consumers to purchase eyeglasses and contact lenses online without the benefit of quality assurance and accountability. Prescribing in the absence of a comprehensive eye exam poses a risk to the public of substandard care.

Problems associated with buying eyewear include:



Internet eye wear dispensing must comply with the following principles of optometric dispensing:



For your protection, ensure:

a **current and valid prescription for eyeglasses** from an optometrist or physician

accurate and appropriate frame and lens measurements from a regulated eye care professional

eyeglasses are verified, fitted and adjusted personally by a regulated eye care professional

a **current and valid prescription for contact lenses** from a regulated eye care professional



Consumers Beware!

1 in 7 Canadians will develop a serious eye disease in their lifetime.

*Consumers need to be aware that an online test used to determine the lens power required to correct blurry vision — without the eyes being examined by an optometrist or an ophthalmologist — is **NOT** a comprehensive eye exam. Anyone claiming to have performed an eye exam without an in-person physical exam is misleading a patient that their eye health needs have been met.*

For more information, please see CAO's Position Statement:

[Internet Dispensing](#)