

Common Abbreviations

A	Lens size	K's	Keratometer reading
acc	Accommodation	MBS	Minimum blank size
AK	Auto keratometry	MRP	Major reference point
AMD/ARMD	Age-related macular degeneration	NCT	Non-contact tonometer
aph	Aphakia	NLP	No light perception
ARC	Anti-reflective coating	NPA	Near point of accommodation
B	Lens height	NPC	Near point of convergence
BD	Base down-prism	NVA	Near visual acuity
BF	Bifocal	OC	Optical centre
BI	Base in-prism	OCT	Optical coherence tomography
BIO	Binocular indirect ophthalmoscopy	OD	Right eye (oculus dexter)
BO	Base out-prism	ONH	Optical nerve head
BU	Base up-prism	OS	Left eye (oculus sinister)
cc	With correction (aided)	OU	Both eyes (oculi uterque)
CF	Count fingers	PAL	Progressive addition lens
CL	Contact lens	P.D.	Pupillary distance
cyl	Cylinder	PERRLA	Pupils equal, round
D	Diopter	PH	Pinhole
DBL	Distance between lenses	Phaco	Phacoemulsification
DD	Daily disposable	RD	Retinal detachment
DFE	Dilated fundus exam	RNFL	Retinal nerve fibre layer
DPA	Diagnostic pharmaceutical agent	Rx	Prescription
ED	Effective diameter	sc	Without correction (unaided)
EMM	Emmetropia	SC	Scratch coat
EP	Esophoria	sph/DS	Spherical lens
ET	Esotropia	Subj	Subjective refraction
EW/CW	Extended wear-continuous wear	Sx	Symptoms
FB	Foreign body	TF	Trifocal
FDT	Frequency doubling technology	Tx	Treatment
HA	Headache	VA	Visual acuity
HM	Hand motion	VD	Vertex distance
HRT	Heidelberg retinal tomograph	VF	Visual field
Hx	History	XP	Exophoria
IOL	Intraocular lens implant	XT	Exotropia
IOP	Intraocular pressure	YAG	YAG laser capsulotomy

Abbreviations for Medications

ac	before meals	ic	between meals	qid	4 times daily
bid	twice daily	po	by mouth	tab	tablet
gt	drop	prn	as needed	tid	3 times daily
gtt	drops	q4h	every 4 hours	ung	ointment
hs	bedtime	qh	every hour		