

# 6 INTERESTING FACTS FROM THE CLSA\*

The Canadian Longitudinal Study on Aging (CLSA) Comprehensive Cohort is an extensive population-based epidemiology study of 30,000+ middle-aged and older adults across seven provinces (AB, BC, MB, NL, NS, ON, QC)



The leading cause of visual impairment is **Refractive Error**

## It's important to seek regular eye care

Your OD plays an essential role in maintaining your overall eye health and screen for or diagnose many eye diseases or conditions.



## RISK FACTORS FOR VISION LOSS



Age



Lower income



Smoking



Diabetes



Memory problems

# 57%

of Canadians ages 45-85 used eye care in the last year

5.7% of Canadians ages 45-85 had a visual acuity worse than

# 20/40



## THOSE LESS LIKELY TO USE EYE CARE ARE:



Men



Smokers



Lower income



Less educated

## PEOPLE WITH DIABETES

**1 out of 4** adults with diabetes aged 60 and older has not seen an eye care provider in the last year.

They should be seen every year.



CANADIAN ASSOCIATION OF OPTOMETRISTS  
ASSOCIATION CANADIENNE DES OPTOMÉTRISTES