

# Vicki, Barb and Chuck's lives were saved by a BC Optometrist

## You may not be so lucky.

On May 1, the BC government plans to become the only jurisdiction in North America to eliminate eye health regulations that are in place to protect the public. BC Health Minister Kevin Falcon says there's no evidence to show that regular eye health exams improve health outcomes.

Vicki, Barb and Chuck would disagree.

### **Vicki Mulligan**

Victoria, BC  
55 years old at time  
of diagnosis

Had no symptoms and no known family history. During a routine eye exam, a BC optometrist detected signs of high blood pressure, later confirmed by her GP.

High blood pressure has been called "the silent killer" and, if left untreated, can result in serious health issues.

### **Barb Fraser**

Victoria, BC  
47 years old at time  
of diagnosis

Suffered from migraine headaches that had worsened. During a routine eye exam, a BC optometrist detected signs of a brain tumour, which was caught at an early stage, and in Barb's view, saved her life.

### **Chuck Montgomery**

Fort St. John, BC  
43 years old at time  
of diagnosis

Experienced headaches and some visual disturbance. During an eye exam, a BC optometrist identified swelling in the optic nerves in both eyes, and referred him to a specialist for surgery for a subdural hematoma.

If left untreated, a subdural hematoma can result in death.

Eye exams do more than tell if you see well. They are also a vital part of your overall health. Join our Facebook group, **Speak Out for Eye Health**, write your MLA to voice your concern, or to find an optometrist, visit [whatcouldbemoreimportant.com](http://whatcouldbemoreimportant.com)



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